

Extinction and blowup of weak solutions to the Navier-Stokes equations

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KE: Navier-Stokes equations, Leray equations, blowup, extinction

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Navier-Stokes equations

$$\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\nabla p + \nu \Delta \mathbf{u}$$

with smooth initial data with finite energy in \mathbb{R}^3

J. Leray, Acta Math. **63**, 193 (1934).

Motivation

- “log” blowup in critical norms
characterisation of possible blowup via extinction
- dynamic scaling and turbulent solutions, known to exist in 3D & 4D
strong form energy inequality holds (except for singular points)

Plan

1. Scale-invariance and criticality
2. Constraint on the extinction phenomenon
3. Weak form of Leray's dynamic scaling (*attempt*)
4. 4D N-S and generalised dissipativity
5. Summary

1. Scale-invariance and criticality

$$\mathbf{x} \rightarrow \mathbf{x}/\lambda, t \rightarrow t/\lambda^2$$

$$\mathbf{u}(\mathbf{x}, t) \rightarrow \mathbf{U}(\boldsymbol{\xi}, \tau) \equiv \lambda^{-1} \mathbf{u}(\mathbf{x}/\lambda, t/\lambda^2)$$

$$p(\mathbf{x}, t) \rightarrow P(\boldsymbol{\xi}, \tau) \equiv \lambda^{-2} p(\mathbf{x}/\lambda, t/\lambda^2)$$

example:

$$\mathbf{x} = \lambda \boldsymbol{\xi}, t = \lambda^2 \tau, \mathbf{u} = \lambda^{-1} \mathbf{U}$$

$$\int |\mathbf{u}|^q d\mathbf{x} = \lambda^{n-q} \int |\mathbf{U}|^q d\boldsymbol{\xi},$$

$q < n$: super-critical, $q = n$: critical, $q > n$: sub-critical
 n = spatial dimension

$$\int_{\mathbb{R}^4} |\nabla \mathbf{u}|^2 d\mathbf{x} = [\nu^2], \int_{\mathbb{R}^2} |\mathbf{u}|^2 d\mathbf{x} = [\nu^2]$$

3D blowup criterion with $H^{1/2}$ -norm $[\nu^2]$ ($\Lambda \equiv (-\Delta)^{1/2} \leftrightarrow |\mathbf{k}|$)

$$\int |\Lambda^{1/2} \mathbf{u}|^2 dx \equiv \int \mathbf{u} \cdot \Lambda \mathbf{u} dx \leq \left(\int |\mathbf{u}|^2 dx \int |\boldsymbol{\omega}|^2 dx \right)^{1/2}$$

It has the same physical dimension as

$$\text{Helicity } \int \mathbf{u} \cdot \boldsymbol{\omega} dx \leq \left(\int |\mathbf{u}|^2 dx \int |\boldsymbol{\omega}|^2 dx \right)^{1/2}$$

$$\frac{1}{2} |\Lambda^{1/2} \mathbf{u}|^2 \leq \mathbf{u} \cdot \Lambda \mathbf{u}, \quad \text{Cordoba-Cordoba(2003)}$$

Notations

energy

$$E(t) = \frac{1}{2} \int_{\mathbb{R}^3} |\mathbf{u}(\mathbf{x}, t)|^2 d\mathbf{x} = \frac{1}{2} \|\mathbf{u}\|_{L^2(\mathbb{R}^3)}^2$$

enstrophy

$$Q(t) = \frac{1}{2} \int_{\mathbb{R}^3} |\boldsymbol{\omega}(\mathbf{x}, t)|^2 d\mathbf{x} = \frac{1}{2} \|\mathbf{u}\|_{H^1(\mathbb{R}^3)}^2$$

“helicity”

$$H(t) = \frac{1}{2} \int_{\mathbb{R}^3} |\wedge^{1/2} \mathbf{u}(\mathbf{x}, t)|^2 d\mathbf{x} = \frac{1}{2} \|\mathbf{u}\|_{H^{1/2}(\mathbb{R}^3)}^2$$

Leray's attempt to build self-similar blowup weak solutions (1934)

$$u(x, t) = \begin{cases} \frac{U(\xi)}{[2a(t_* - t)]^{1/2}} & (0 \leq t < t_*), \\ 0 & (t \geq t_*) \end{cases}$$
$$\xi = \frac{x}{[2a(t_* - t)]^{1/2}}$$

Leray equations

$$U \cdot \nabla_{\xi} U + a(\xi \cdot \nabla_{\xi} U + U) = -\nabla_{\xi} P + \nu \Delta_{\xi} U, \quad \nabla_{\xi} \cdot U = 0$$

If $U \in L^3(\mathbb{R}^3)$ then $U \equiv 0$ Nečas, Růžička and Šverák (1996),
also Tsai (1998)

3D N-S eqs: $H^{1/2}$ -critical

$$\int_{\mathbb{R}^3} |\mathbf{u}(\mathbf{x}, t)|^2 d\mathbf{x} = \sqrt{2a(t_* - t)} \int_{\mathbb{R}^3} |\mathbf{U}(\boldsymbol{\xi})|^2 d\boldsymbol{\xi}$$

$$\int_{\mathbb{R}^3} |\Lambda^{1/2} \mathbf{u}(\mathbf{x}, t)|^2 d\mathbf{x} = \int_{\mathbb{R}^3} |\Lambda_{\boldsymbol{\xi}}^{1/2} \mathbf{U}(\boldsymbol{\xi})|^2 d\boldsymbol{\xi}$$

$$\int_{\mathbb{R}^3} |\nabla \mathbf{u}(\mathbf{x}, t)|^2 d\mathbf{x} = \frac{1}{\sqrt{2a(t_* - t)}} \int_{\mathbb{R}^3} |\nabla_{\boldsymbol{\xi}} \mathbf{U}(\boldsymbol{\xi})|^2 d\boldsymbol{\xi}$$

Blowup criteria

$$\text{Leray bound } \int |\omega|^2 dx \geq C \frac{\nu^{3/2}}{\sqrt{t_* - t}}$$

$$\|\mathbf{u}\|_{L^3(\mathbb{R}^3)} \rightarrow \infty \text{ as } t \rightarrow t_*$$

Escauriaza, Seregin & Šverák (2003). Hence

$$\|\mathbf{u}\|_{H^{1/2}(\mathbb{R}^3)} \rightarrow \infty \text{ as } t \rightarrow t_*$$

$$\sqrt{\|\mathbf{u}\|_{L^2} \|\mathbf{u}\|_{H^1}} \geq \|\mathbf{u}\|_{H^{1/2}} \geq \|\mathbf{u}\|_{L^3}$$

cf. With $\epsilon = \frac{p-3}{2p}$

$$\sqrt{\|\mathbf{u}\|_{L^2} \|\mathbf{u}\|_{H^{1+4\epsilon}}} \geq \|\mathbf{u}\|_{H^{(1+4\epsilon)/2}} \geq \|\mathbf{u}\|_{L^{3/(1-2\epsilon)}} \geq 2C \frac{\nu^\epsilon}{\{\nu(t_* - t)\}^\epsilon}$$

2. Constraint on the extinction phenomenon

Observation (weak solution)

$$\text{If blowup : } c \frac{\nu^{3/2}}{\sqrt{t_* - t}} \leq Q(t) \Rightarrow c \frac{\nu^{3/2}}{\sqrt{t_* - t}} E(t) \leq E(t)Q(t)$$

$$\text{Assume } E(t)Q(t) \leq \nu^4, \log \frac{1}{t - t_*},$$

$$E(t) \leq c\nu^{5/2} \sqrt{t_* - t}, \log \frac{1}{t - t_*},$$

$$\lim_{t \rightarrow t_*} E(t) = 0, \text{ extinction}$$

$$E(t) = 0 \text{ for } t \geq t_*, \text{ a trivial solution}$$

Physicists do not (cannot) distinguish

$$EQ = O(\nu^4) : \text{ small initial data}$$

and

$$EQ = O\left(\nu^4 \log \frac{1}{t_* - t}\right) : \text{ critical blowup}$$

to leading-order

Enstrophy equation

$$\frac{dQ}{dt} = \int_{\mathbb{R}^3} \omega \cdot \nabla u \cdot \omega dx - \nu \int_{\mathbb{R}^3} |\nabla \times \omega|^2$$

well-known bound $\frac{dQ}{dt} \leq C \frac{Q^3}{\nu^3} - \frac{5\nu Q^2}{4 E}$

With $\frac{dE}{dt} = -2\nu Q \Rightarrow \frac{d}{dt} \log(EQ) \leq C \frac{Q^2}{\nu^3} = C \frac{(EQ)^2}{\nu^3 E^2}$

Note:

$$E(t)Q(t) \leq E(0)Q(0) \exp\left(\frac{C}{\nu^3} \int_0^t Q(t')^2 dt'\right)$$

$$Q(t) \approx \frac{c\nu^{3/2}}{\sqrt{t_* - t}} \Rightarrow \text{power-law upperbound,}$$

$$Q(t) \approx \frac{c\nu^{3/2}}{\sqrt{(t_* - t) \log \frac{1}{t_* - t}}} \Rightarrow \text{log upperbound}$$

Recasting the known bound

$$\frac{1}{C\nu^5} \frac{E^2}{Q} \frac{dQ}{dt} \leq f^2 - \frac{5}{4C}f, \quad \text{where } f(t) \equiv \frac{E(t)Q(t)}{\nu^4}$$

quadratic inequality in f

$$f \geq \frac{1}{2} \left(\frac{5}{4C} + \sqrt{\left(\frac{5}{4C}\right)^2 + \frac{4E^2}{C\nu^5Q} \frac{dQ}{dt}} \right)$$

Essentially,

$$f \geq c \frac{E}{\nu^{5/2}} \sqrt{\frac{d}{dt} \log Q}$$

Question:

small $EQ \Rightarrow$ global regularity

mildly singular $EQ \Rightarrow$ constraints on the evolution ?

A simple analysis

Assume f blows up in a mild fashion: e.g. $f(t) \leq ' \log \frac{1}{t - t_*}$,

More precisely, $\lim_{t \rightarrow t_*} (t_* - t)^\epsilon f(t) = 0, \forall \epsilon (> 0)$

$$\frac{dQ}{dt} \leq C\nu^5 \frac{Q}{E^2} \times ' \log \frac{1}{t - t_*},$$

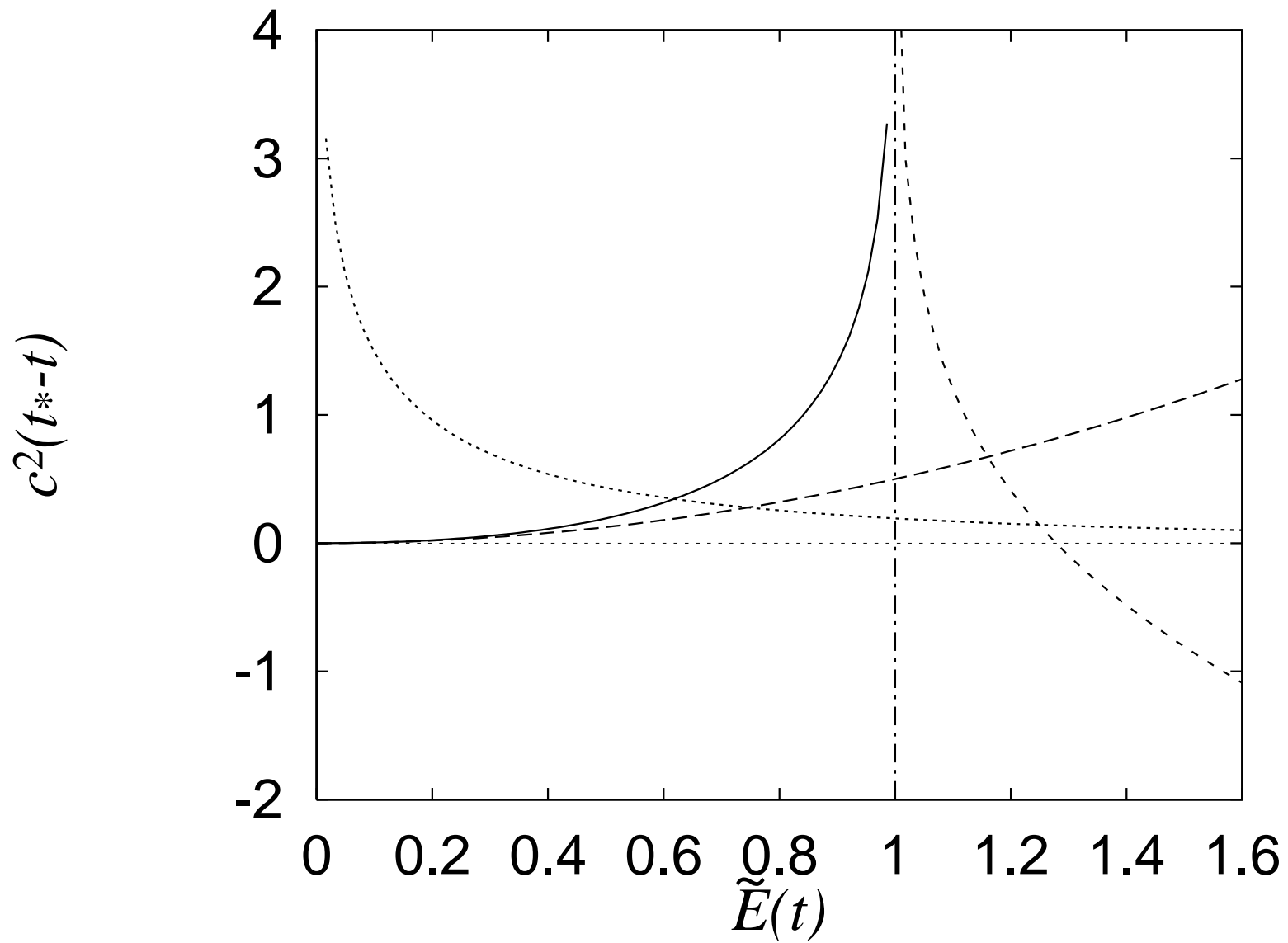
$$\begin{cases} \frac{dQ}{dt} \lesssim C\nu^5 \frac{Q}{E^2}, \\ \frac{dE}{dt} = -2\nu Q \end{cases}$$

$$\text{By } \tilde{E}(t) \equiv \frac{E(t)}{C^{1/2} \nu^{5/2}}$$

$$\log |1 - c \tilde{E}(t)| + c \tilde{E}(t) \gtrsim c^2 (t - t_*)$$

(t_* : constant)

Taylor expansion around $\tilde{E} = 0$: $\tilde{E}(t) \lesssim \sqrt{2(t_* - t)}$



3. Weak form of Leray's dynamic scaling (*attempt*)

Assuming N-S solutions blows up at $t = t_*$ apply dynamics rescaling.

$$u(\mathbf{x}, t) = \frac{1}{\sqrt{2a(t_* - t)}} U(\boldsymbol{\xi}, \tau)$$

$$\boldsymbol{\xi} = \frac{\mathbf{x}}{\sqrt{2a(t_* - t)}}, \quad \tau = \int_0^t \frac{ds}{\lambda(s)^2} = \frac{1}{2a} \log \frac{t_*}{t_* - t}$$

$$\left(\lambda(t) = \sqrt{2a(t_* - t)}, \quad t = \frac{1 - e^{-2a\tau}}{2a}, \quad t_* = \frac{1}{2a} \right)$$

non-stationary Leray equations

$$\frac{\partial U}{\partial \tau} + U \cdot \nabla_{\boldsymbol{\xi}} U + a(\boldsymbol{\xi} \cdot \nabla_{\boldsymbol{\xi}} U + U) = -\nabla_{\boldsymbol{\xi}} P + \nu \Delta_{\boldsymbol{\xi}} U, \quad \nabla_{\boldsymbol{\xi}} \cdot U = 0$$

Dynamic scaling has been used to discuss the first singularity t_*

Asymptotic self-similar blowup ruled out.

$$\lim_{\tau \rightarrow \infty} \|U(\xi, \tau) - \bar{U}(\xi)\|_{L^p} = 0, \bar{U} \in L^p, p \geq n$$

$\Rightarrow \bar{U}$ is a steady solution to the Leray equations.

$\bar{U} \equiv 0$ by NRS (1996)

Chae (2007), Hou & Li (2007)

Leray's structure theorem

“Time singularities are quantised (digitised)”

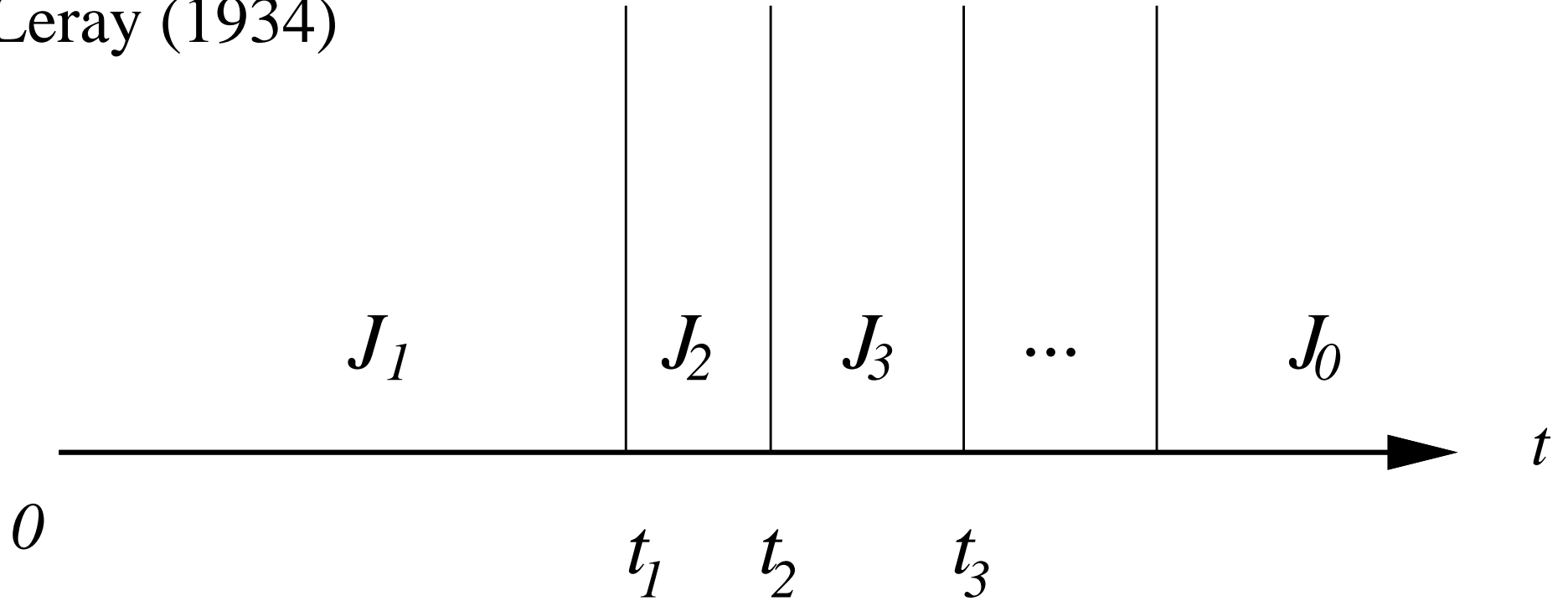
Disjoint, countable time intervals J_k , $k = 0, 1, 2, \dots$

$$\exists T > 0, J_0 = [T, \infty)$$

$$|\mathbb{R}^+ - \cup_{k=0}^{\infty} J_k| = 0$$

$$\sum_{k=1}^{\infty} |J_k|^{1/2} < \infty$$

Leray (1934)

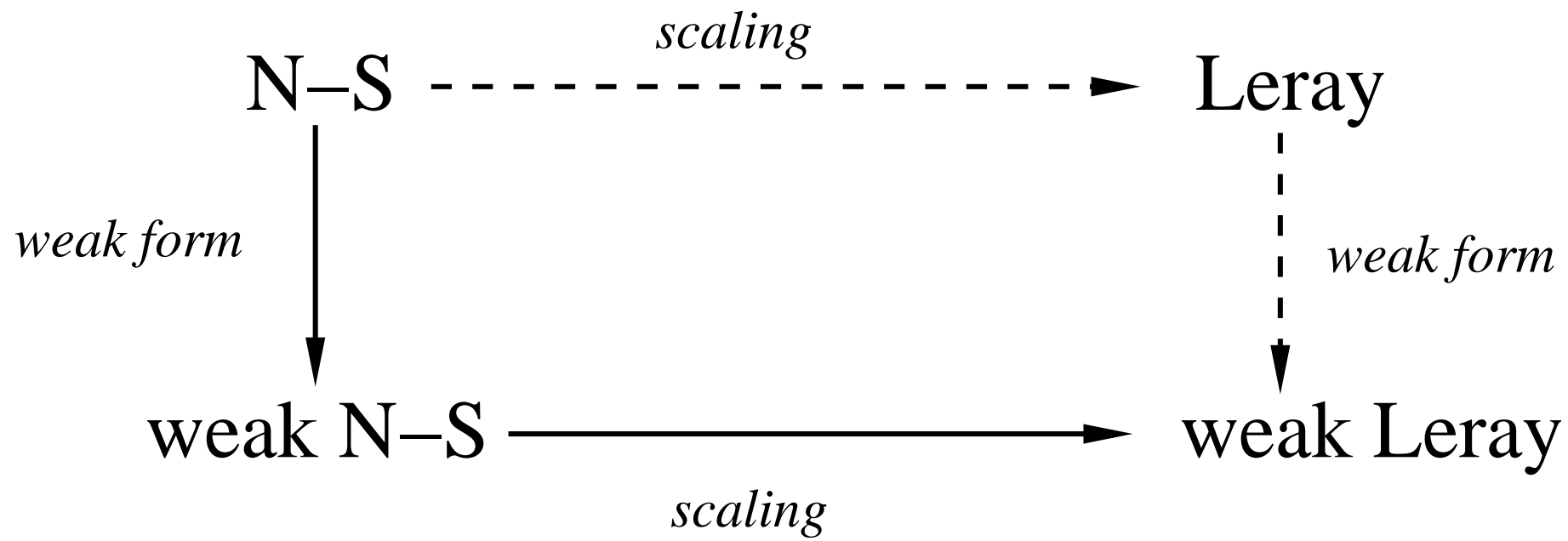


4D: Kato (1984)

Two operations: dynamic scaling & weak formulation

Structure theorem valid in 3D and 4D

To apply dynamic scaling to singular points $t_1, t_2, t_3 \dots$, it is necessary for them to commute.



Route 1

$$\text{Navier-Stokes equations } \frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\nabla p + \nu \Delta \mathbf{u}$$

Weak form

$$\int_0^T \left[- \left(\mathbf{u}, \frac{\partial \Phi}{\partial t} \right) + (\mathbf{u} \cdot \nabla \mathbf{u}, \Phi) + \nu (\nabla \mathbf{u}, \nabla \Phi) \right] dt = (b, \Phi)$$

then scale

$$\int_0^{T'} e^{-(n-1)a\tau} \left[- \left(U, \frac{\partial \Phi}{\partial \tau} + a \xi \cdot \nabla_{\xi} \Phi \right)' + (U \cdot \nabla_{\xi} U, \Phi)' + \nu (\nabla U, \nabla_{\xi} \Phi)' \right] d\tau$$
$$= (b, \Phi)'$$

$$\text{More precisely } \Phi(\mathbf{x}, t) = \Phi\left(e^{-a\tau} \xi, \frac{1-e^{-2a\tau}}{2a}\right) \equiv \tilde{\Phi}(\xi, \tau)$$

$$\int_0^T \left[\underbrace{-(\mathbf{u}, \Phi_t)}_{=(1)} + \underbrace{(\mathbf{u} \cdot \nabla \mathbf{u}, \Phi)}_{=(2)} + \nu \underbrace{(\nabla \mathbf{u}, \nabla \Phi)}_{=(3)} \right] dt = \underbrace{(\mathbf{b}, \Phi)}_{=(4)}$$

$$\nabla = \frac{1}{\sqrt{2a(t_* - t)}} \nabla_{\boldsymbol{\xi}}, \quad \frac{\partial}{\partial t} = \frac{1}{2a(t_* - t)} \left(\frac{\partial}{\partial \tau} + a\boldsymbol{\xi} \cdot \nabla_{\boldsymbol{\xi}} \right)$$

$$\begin{aligned} (1) &= \int \frac{1}{\sqrt{2a(t_* - t)}} U \frac{1}{2a(t_* - t)} \left(\frac{\partial \Phi}{\partial \tau} + a\boldsymbol{\xi} \cdot \nabla_{\boldsymbol{\xi}} \Phi \right) (2a(t_* - t))^{n/2} d\boldsymbol{\xi} \\ &= (2a(t_* - t))^{(n-3)/2} \int U \left(\frac{\partial \Phi}{\partial \tau} + a\boldsymbol{\xi} \cdot \nabla_{\boldsymbol{\xi}} \Phi \right) d\boldsymbol{\xi} \end{aligned}$$

$$\begin{aligned}
(2) &= \int \frac{1}{\sqrt{2a(t_* - t)}} U_j \frac{1}{\sqrt{2a(t_* - t)}} \left(\frac{\partial}{\partial \xi_j} \frac{1}{\sqrt{2a(t_* - t)}} U_i \right) \Phi_i (2a(t_* - t))^{n/2} d\xi \\
&= (2a(t_* - t))^{(n-3)/2} \int U_j \frac{\partial U_i}{\partial \xi_j} \Phi_i d\xi
\end{aligned}$$

$$\begin{aligned}
(3) &= \nu \int \left(\frac{1}{\sqrt{2a(t_* - t)}} \frac{\partial}{\partial \xi_i} \frac{1}{\sqrt{2a(t_* - t)}} U_j \right) \left(\frac{1}{\sqrt{2a(t_* - t)}} \frac{\partial}{\partial \xi_i} \Phi_j \right) (2a(t_* - t))^{n/2} d\xi \\
&= (2a(t_* - t))^{(n-3)/2} \nu \int \frac{\partial U_j}{\partial \xi_i} \frac{\partial \Phi_j}{\partial \xi_i} d\xi
\end{aligned}$$

$$(4) = \int \mathbf{b} \Phi (2a(t_* - t))^{n/2} d\xi \Big|_{t=0} = (\mathbf{b}, \Phi)'$$

Route 2

Leray equations

$$\frac{\partial U}{\partial \tau} + U \cdot \nabla_{\xi} U + a(\xi \cdot \nabla_{\xi} U + U) = -\nabla_{\xi} P + \nu \Delta_{\xi} U$$

then weak form

$$\int_0^{T'} e^{-(n-1)a\tau} \left[- \left(U, \frac{\partial \Phi}{\partial \tau} + a\xi \cdot \nabla_{\xi} \Phi \right)' + (U \cdot \nabla_{\xi} U, \Phi)' + \nu (\nabla_{\xi} U, \nabla_{\xi} \Phi)' \right] d\tau \\ = (b, \Phi)'$$

$$\begin{aligned}
& (U_\tau, \Phi)' + (U \cdot \nabla_\xi U, \Phi)' + \underbrace{a(\xi \cdot \nabla_\xi U, \Phi)'}_{=-na(U, \Phi)' - a(\xi \cdot \nabla_\xi U, \Phi)'} + a(U, \Phi)' \\
& = - \underbrace{(\nabla_\xi P, \Phi)'}_{=0} + \underbrace{\nu(\Delta_\xi U, \Phi)'}_{=-\nu(\nabla_\xi U, \nabla_\xi \Phi)'}
\end{aligned}$$

$$\int_0^{T'} e^{-(n-1)a\tau} (U_\tau, \Phi)' d\tau$$

$$= \left[e^{-(n-1)a\tau} (U, \Phi)' \right]_0^{T'} + (n-1)a \int_0^{T'} e^{-(n-1)a\tau} (U, \Phi)' d\tau - \int_0^{T'} e^{-2a\tau} (U, \Phi_\tau)' d\tau$$

They match.

They formally commute in any dimensions.

For $t > t_1$, non-uniqueness may be an obstacle for weak formulation of Leray equations; it is ambiguous whether/how we may consider e.g.

$$u(\mathbf{x}, t) = \frac{1}{\sqrt{2a(t_2 - t)}} U(\boldsymbol{\xi}, \tau) \quad (0 \leq t < t_2, t \neq t_1)$$

$$\boldsymbol{\xi} = \frac{\mathbf{x}}{\sqrt{2a(t_2 - t)}}, \quad \tau = \frac{1}{2a} \log \frac{t_2}{t_2 - t}.$$

4. 4D N-S and generalised dissipativity ($P(t) = \frac{1}{2}\|u\|_{H^2}^2$)

$$\frac{dQ}{dt} \leq CPQ^{1/2} - 2\nu P$$

$$Q(t)^2 \leq E(t)P(t) \equiv \nu^4 g(t)$$

$$\frac{E}{\nu^5} \frac{dQ}{dt} \leq Cg(t) (g(t)^{1/4} - 2)$$

$$g(t) \leq C' \log \frac{1}{t - t_*}, \Rightarrow Q(t) \lesssim Q(0) + C\nu^5 \int_0^t \frac{dt'}{E(t')}$$

Osgood-type condition for blowup

$$\lim_{t \rightarrow t_*} \int_0^t \frac{dt'}{E(t')} = \infty \text{ (extinction)}$$

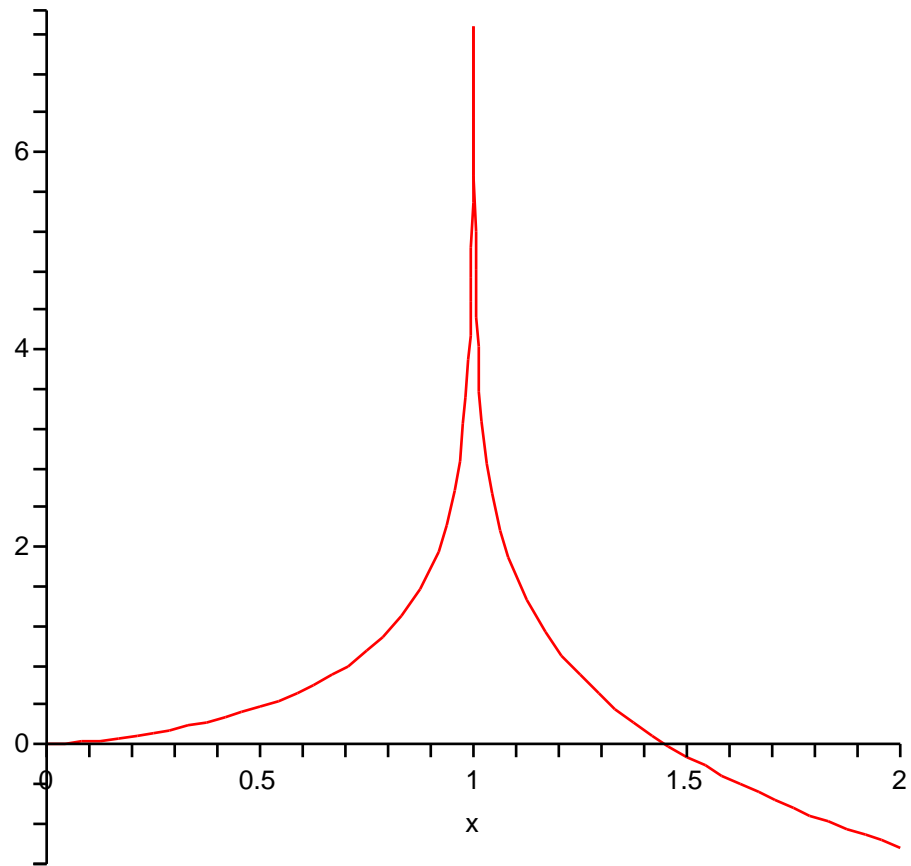
$$\frac{E}{\nu^5} \frac{dQ}{dt} \leq Cg(t) (g(t)^{1/4} - 2) \frac{Q(t)}{\nu^2}, \quad \left(\frac{Q(t)}{\nu^2} \geq 1 \right)$$

$$\text{or, } \frac{E}{\nu^3} \frac{d \log Q}{dt} \leq Cg(t) (g(t)^{1/4} - 2)$$

$$g(t) \leq C' \log \frac{1}{t - t_*}, \quad \Rightarrow \quad \frac{dQ}{dt} \lesssim C\nu^3 \frac{Q}{E}$$

$$\text{By } \frac{dE}{dt} = -2\nu Q, \quad \tilde{E} \equiv \frac{E}{C\nu^3}, \quad \text{Li}(c\tilde{E}(t)) \gtrsim c(t - t_*)$$

$$\text{Logarithmic integral } \text{Li}(x) \equiv \int_0^x \frac{du}{\log u}, \quad (x < 1), \quad \equiv \int_0^x \frac{du}{\log u}, \quad (x > 1)$$



$$x = \tilde{E}(t), y = c(t_* - t)$$

Alors H. Lebesgue, consulté, déclara: “Ne consacrez pas trop de temps à une question aussi rebelle. Faites autre chose!”

J. Leray,

“Aspects de la mécanique théorique des fluides,”

La vie des Sciences, Compte Rendus, série générale **11** 287(1994).

generalised dissipativity

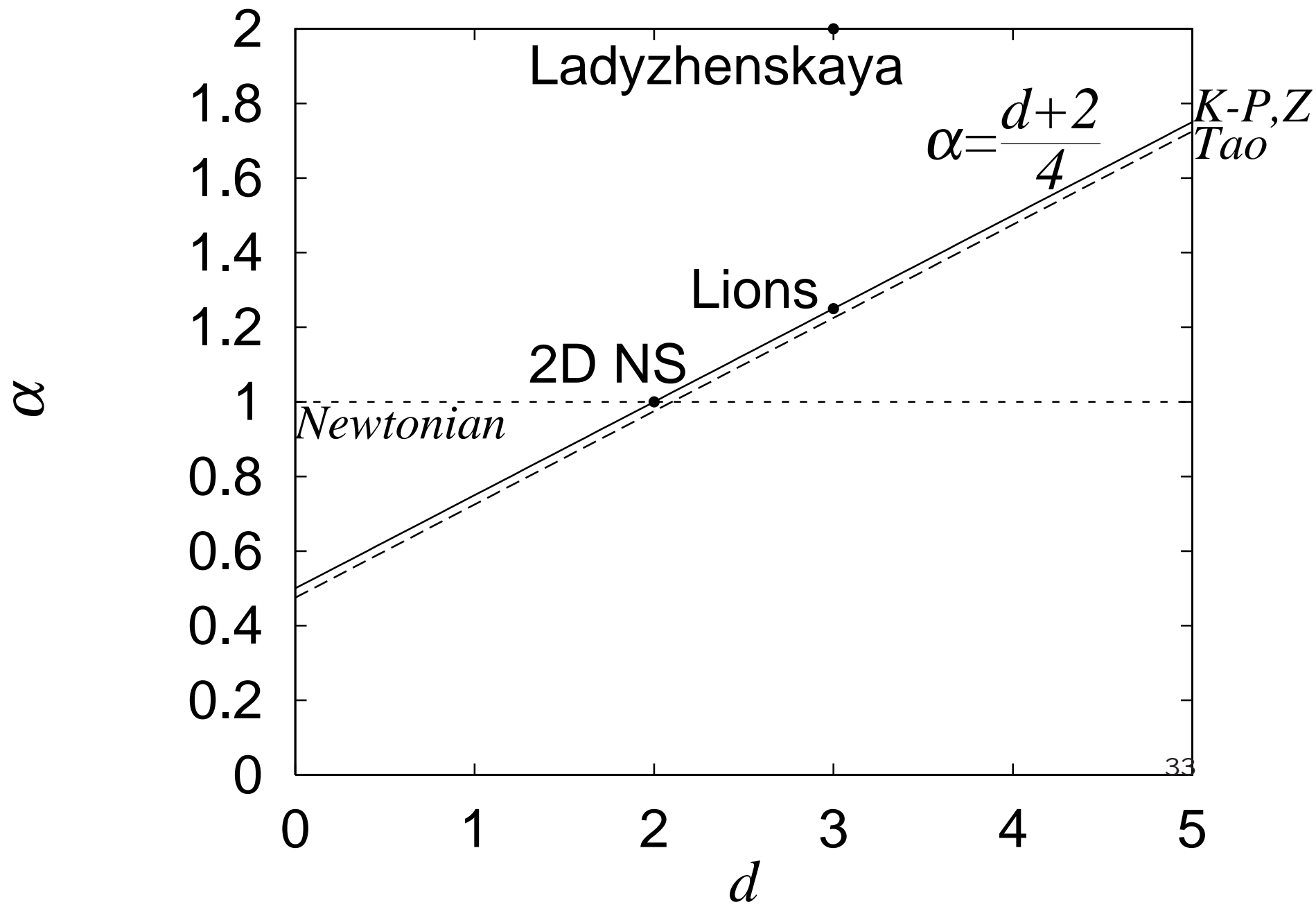
$$\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\nabla p - \nu_\alpha (-\Delta)^\alpha \mathbf{u}, \quad (\alpha > 0)$$

$$\nabla \cdot \mathbf{u} = 0$$

$\alpha > (<)1$: hyper-(hypo-)viscosity

If $\alpha \geq \frac{d+2}{4}$ global regularity Lions (1969)

If $\alpha \geq \frac{5}{4}$, global regularity in 3D



An explanation for the Lions condition

$$Q_\alpha \equiv \frac{1}{2} \int |\Lambda^\alpha u|^2 dx$$

$$\frac{dQ_\alpha}{dt} \leq c \nu_\alpha^3 \left(\frac{Q_\alpha}{\nu_\alpha^2} \right)^m$$

$$m \equiv \frac{8\alpha - d - 2}{6\alpha - d - 2} \leq 2 \iff \alpha \geq \frac{d+2}{4}$$

$$\frac{dQ_\alpha}{dt} \leq \frac{c}{\nu_\alpha} Q_\alpha^2 \text{ on } \alpha = \frac{d+2}{4}$$

Another (lower) branch: $6\alpha - d - 2 = 0$ or $\alpha = \frac{d+2}{6}$

The modified equations scale-invariant under

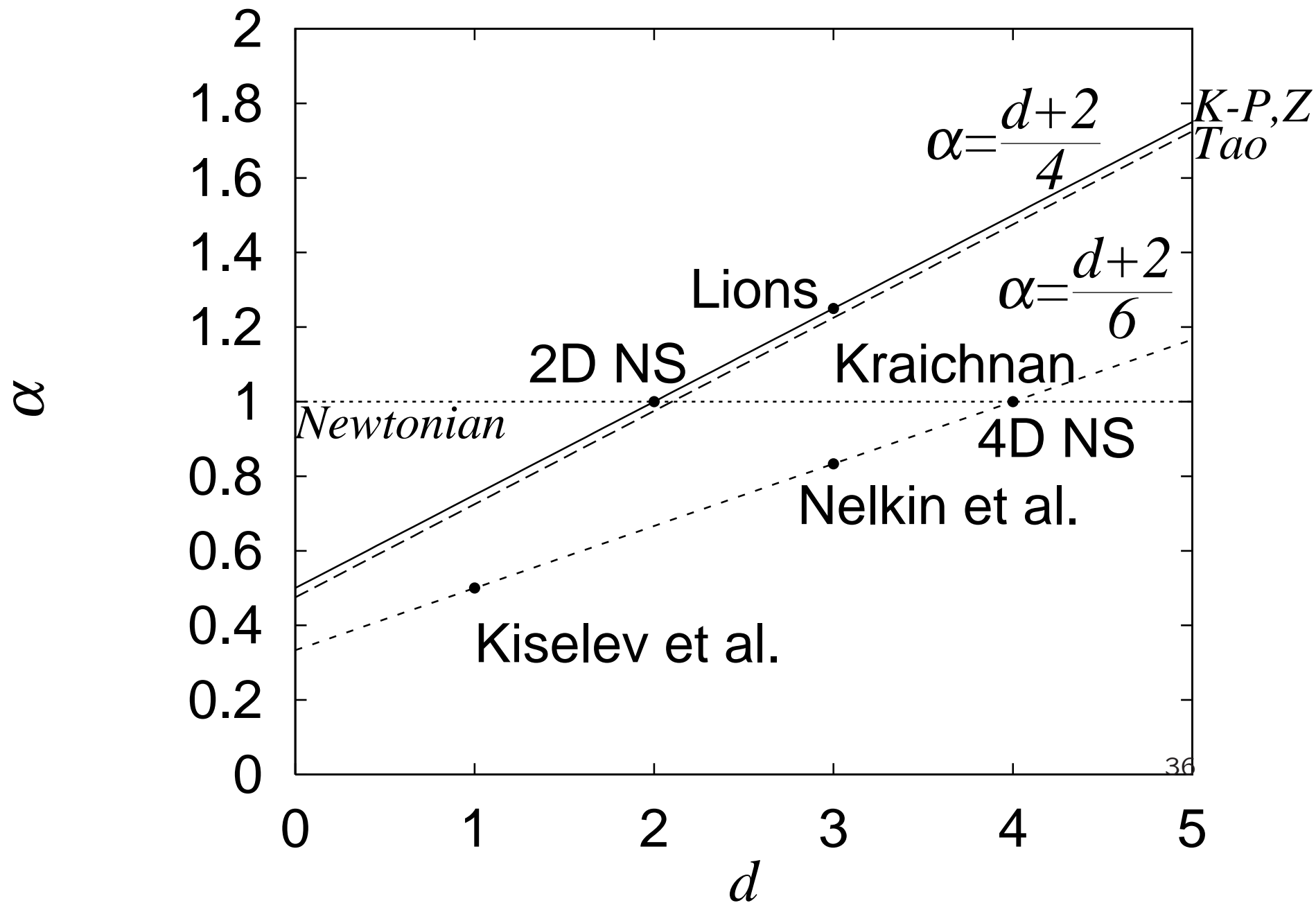
$$\mathbf{x} \rightarrow \lambda \mathbf{x}, t \rightarrow \lambda^{2\alpha} t, \quad (\alpha > 0)$$

$$\mathbf{u}(\mathbf{x}, t) \rightarrow \mathbf{u}_\lambda(\mathbf{x}, t) \equiv \lambda^{2\alpha-1} \mathbf{u}(\lambda \mathbf{x}, \lambda^{2\alpha} t)$$

$$\|\mathbf{u}_\lambda\|_{H^s}^2 = \lambda^{2s+2(2\alpha-1)-d} \|\mathbf{u}\|_{H^s}^2, \text{ critical if } s = \frac{d+2-4\alpha}{2}$$

Ex. $s = 0$: Energy (L^2 -norm) at $\alpha = \frac{d+2}{4}$

$s = \alpha$: Energy dissipation (H^α -norm) at $\alpha = \frac{d+2}{6}$



Dimensional analysis on enstrophy bounds

$$\frac{dQ_\alpha}{dt} \leq c\nu_\alpha^3 \underbrace{\left(\frac{Q_\alpha}{\nu_\alpha^2}\right)^{\frac{8\alpha-d-2}{6\alpha-d-2}}}_{=[L^{-2\alpha}]}$$

Note that $[Q_\alpha] = [\nu_\alpha^2] = \left(\frac{L^{2\alpha}}{T}\right)^2$ at $\alpha = (d+2)/6$

A possible way to recover a spatial scale

$$\frac{dQ_\alpha}{dt} \leq c\nu_\alpha^3 \frac{Q_\alpha}{E}$$

5. Summary

If N-S solution breaks down with a logarithmic blow-up in critical norm, the energy must vanish (extinction), as $\lesssim \sqrt{t_ - t}$.

*constraints on extinction

$$3D: \frac{E(t)Q(t)}{\nu^4} \lesssim C, \quad \frac{dQ}{dt} \lesssim C\nu^5 \frac{Q}{E^2}$$

$$\log |1 - c\tilde{E}(t)| + c\tilde{E}(t) \gtrsim c^2 (t - t_*)$$

$$4D: \frac{E(t)P(t)}{\nu^4} \lesssim C, \quad \frac{dQ}{dt} \lesssim C\nu^3 \frac{Q}{E}$$

$$\text{Li}(c\tilde{E}(t)) \gtrsim c(t - t_*)$$

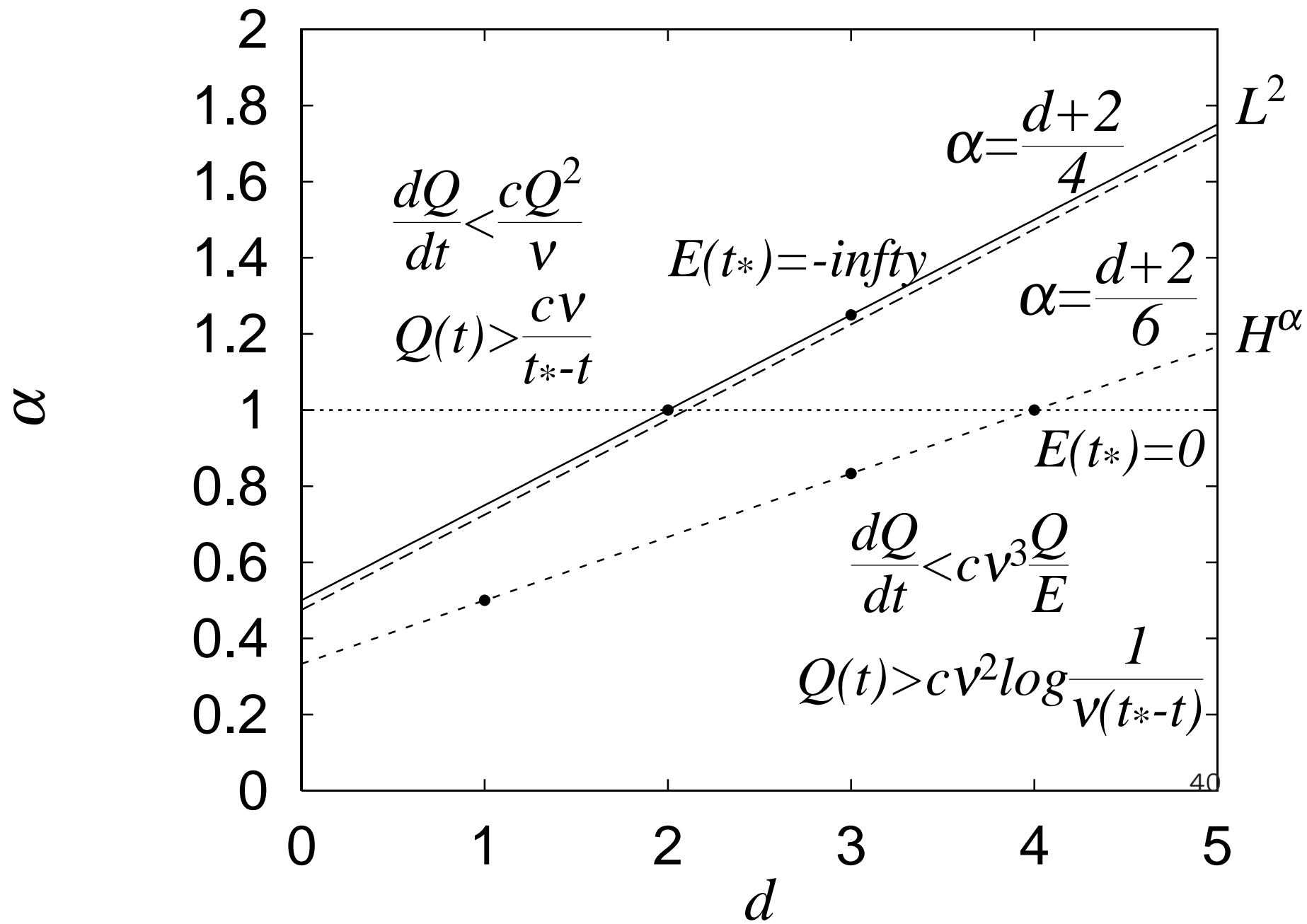
*Modified viscosity 4D NS \approx 3D with $(-\Delta)^{5/6}$

$$H^{5/6}(\mathbb{R}^3) \subset L^{9/2}(\mathbb{R}^3)$$

*Time scales of smoothness recovery appear as **prefactors**

$$3D : \frac{E^2}{C\nu^5} \frac{d}{dt} \log Q \leq f^2 - \frac{5}{4C} f, \quad f(t) = \frac{E(t)Q(t)}{\nu^4}$$

$$4D : \frac{E}{C\nu^3} \frac{d}{dt} \log Q \leq g^{5/4} - 2g, \quad g(t) = \frac{E(t)P(t)}{\nu^4}$$



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