

**CHALLENGES TO MODELING THE LINKS BETWEEN MUSCLE PUMPS, MICROCIRCULATION AND FLUID FLOW TO SCAFFOLD IMPLANTS IN BONE**

THE BONE CHAMBER



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Bone Chamber Lab

"ITS THE VASCULARITY, STUPID!"

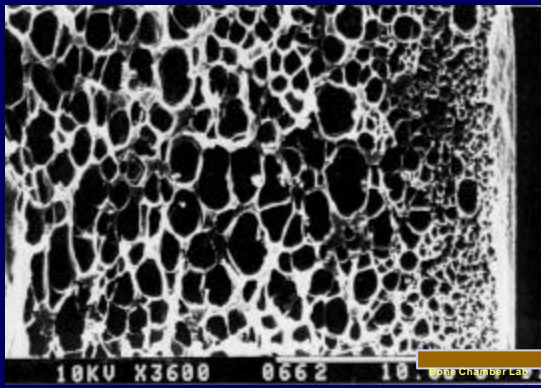
PRINCIPLE FUNCTIONS OF VASCULATURE IN A TISSUE ENGINEERED SCAFFOLD

• **NUTRIENT EXCHANGE**

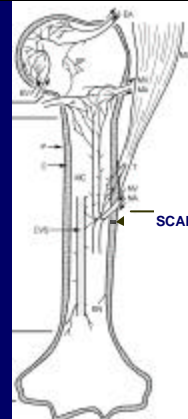
• **CELL DELIVERY**

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**ENGINEERED PLLA SCAFFOLD**



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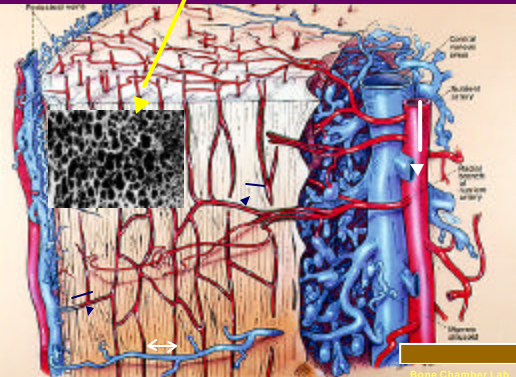


**SCAFFOLD IMPLANTED IN TYPICAL LONG BONE**

SCAFFOLD

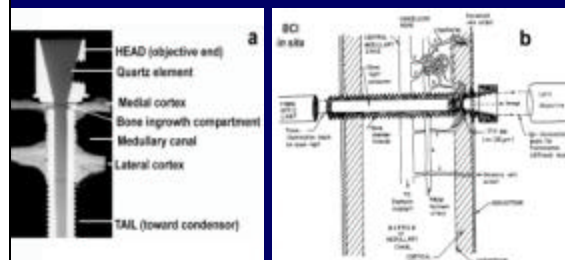
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**SCAFFOLD IN CORTICAL BONE SURROUNDED BY MICROVASCULATURE**

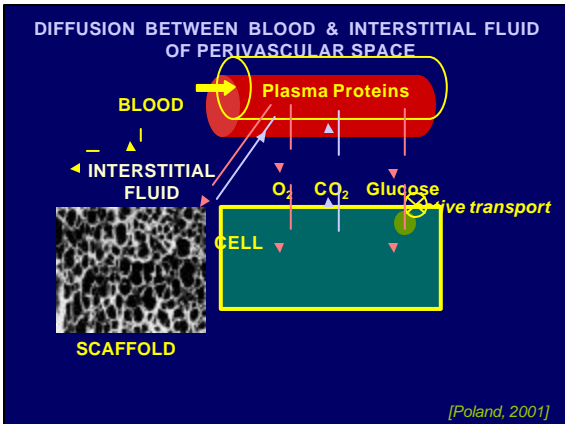
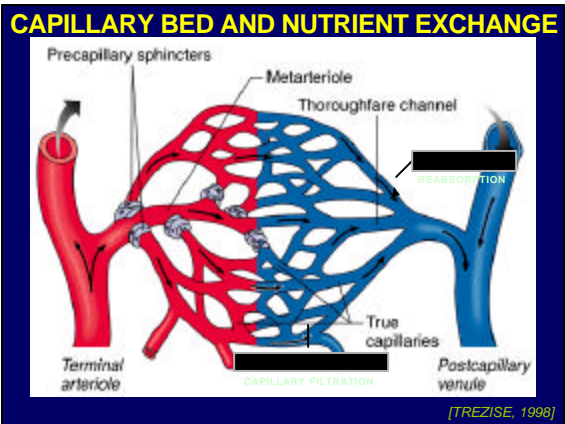
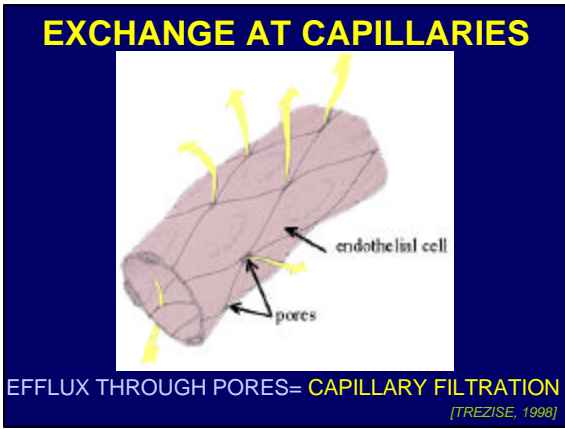
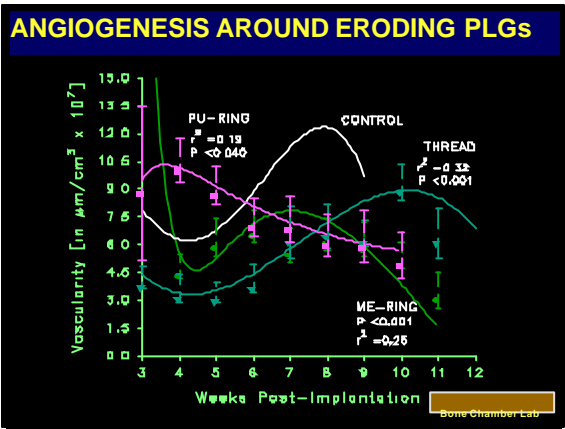
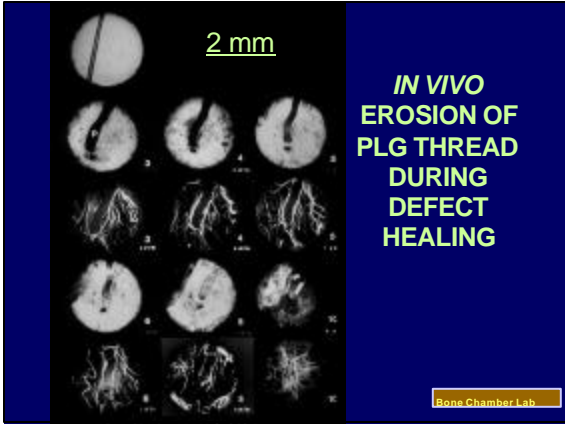
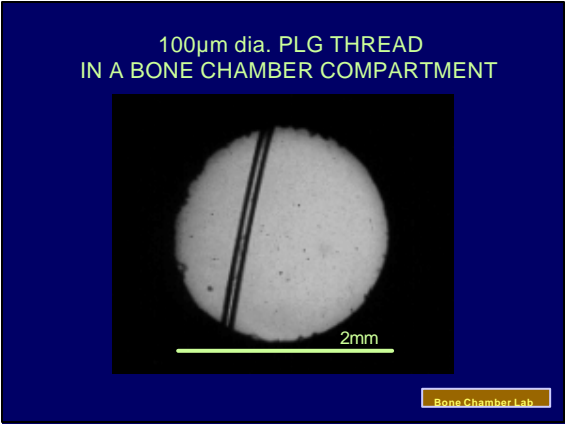


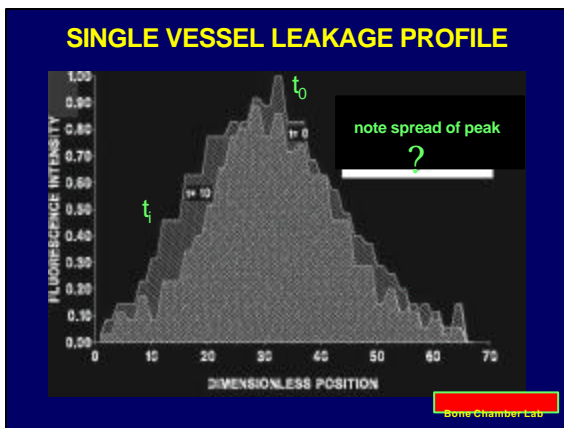
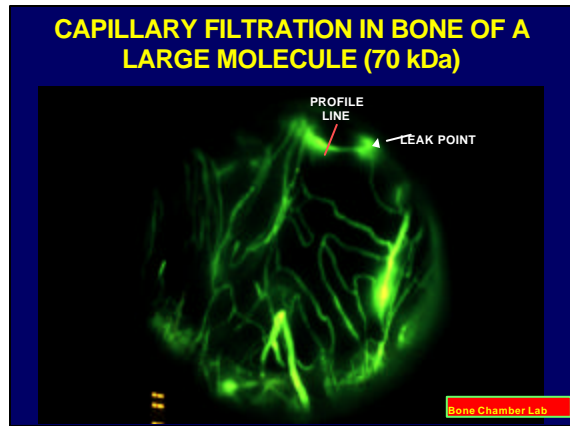
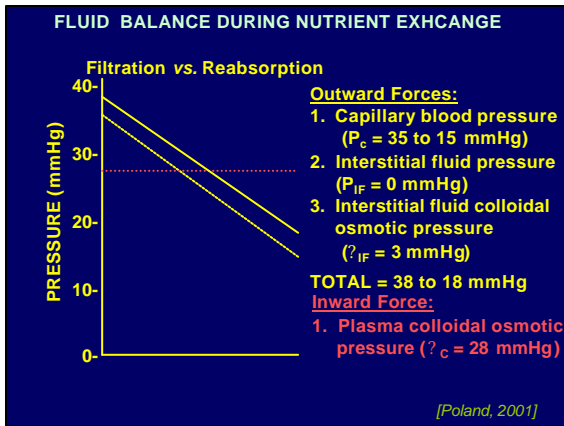
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**BONE WINDOW**



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### IS BONE CAPILLARY FILTRATION CONVECTIVE IN THE ABSENCE OF MUSCLE PUMPING?

Relative concentration at  $x$  after  $t$  seconds

$$\frac{C(x,t)}{C(0,t)}$$

$$1 - \frac{x^2}{2Dt} \left[ 1 - \frac{2}{\sqrt{\pi}} \int_0^{\frac{x}{\sqrt{4Dt}}} e^{-t^2} dt \right] - \frac{x}{\sqrt{4Dt}} \left[ \frac{x e^{-\frac{x^2}{4Dt}}}{2\sqrt{Dt}} \right]$$

where  $D$  is the unbounded fluid diffusion coefficient

(Nakamura & Wayland, 1975)

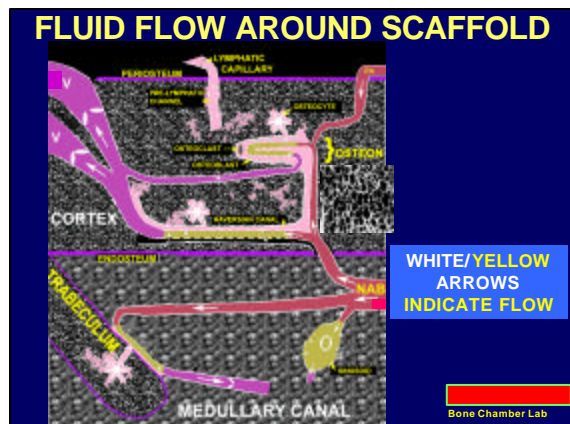
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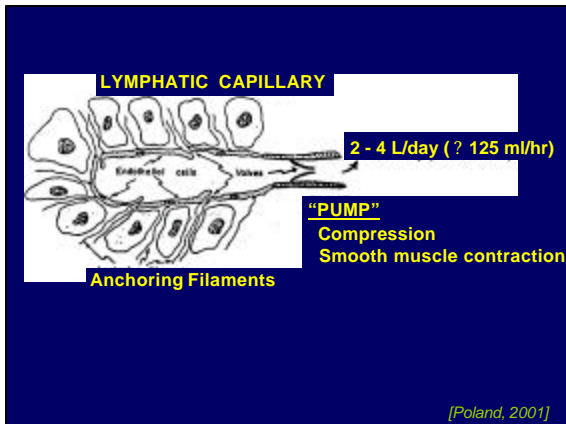
### RELATIVE PERMEABILITY TO FITC-DEXTRANS

ID	a nm	x $\mu$ m	t sec	D $\frac{cm^2}{sec}$	D* $\frac{cm^2}{sec}$
#13	5.8	5.4	20	$3.27 \times 10^{-7}$	$2.81 \times 10^{-6}$
#13	5.8	5.4	20	$3.27 \times 10^{-7}$	$7.96 \times 10^{-7}$

D= free diffusion coefficient  
D\*= calculated relative diffusion coefficient

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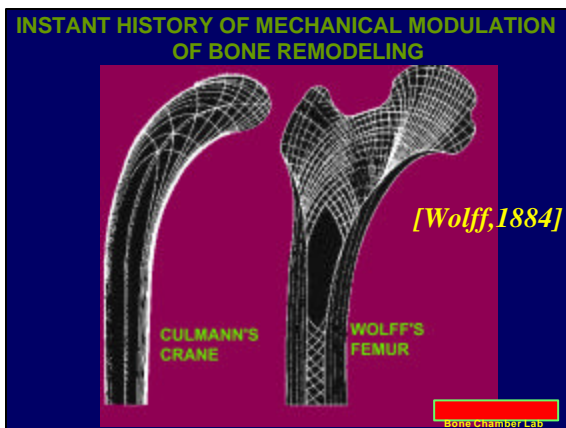




**CONVECTIVE CAPILLARY  
FILTRATION IS NOT THE ONLY  
FLOW IN BONE**

**.....THE STORY OF BONE  
FLUID FLOW**

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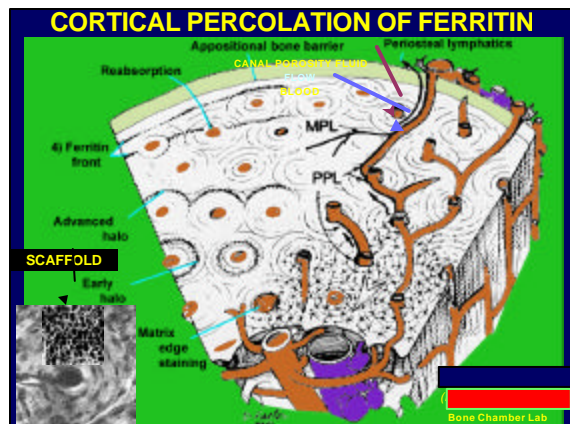


**INSTANT HISTORY OF MECHANICAL MODULATION  
OF BONE REMODELING**

NAME	CONCEPT	DATE
Julius Wolff SOLID CRANE	Living bones change in accordance with the stress and strain acting on them. <b>BUT HOW?</b>	1884
Iwao Yasuda ELECTRIC	Bone strain generates piezoelectric currents which modulate bone metabolism. <b>DRY BONE</b>	1953
Eiichi Fukada	Proteins are piezoelectric crystals	1957
Anderson & Erickson FLUID	Modulation of bone metabolism requires wet bone and streaming potentials. <b>Where is Wolff?</b>	1970
Piekarski & Munro	Bone operates as a sponge with a dense, fluid filled matrix	1977

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- WHERE FLUID FLOWS IN BONE**
- IN BLOOD VESSELS (BLOODFLOW)
  - FROM BLOOD VESSELS (CAPILLARY FILTRATION)
  - OUTSIDE BLOOD VESSELS  
CANALS (PERIVASCULAR)  
CANALICULI (PERIOSTEOCYTE)  
MINERALIZED COLLAGEN-PROTEOGLYCAN MATRIX (MICROPOROUS)
- Bone Chamber Lab





**HEART-DRIVEN BLOOD PRESSURE IS NOT THE ONLY FORCE BEHIND CONVECTIVE CAPILLARY FILTRATION**  
**and is surely not the main FORCE driving FLUID FLOW IN BONE DURING SHORT PERIODS OF AMBULATION**

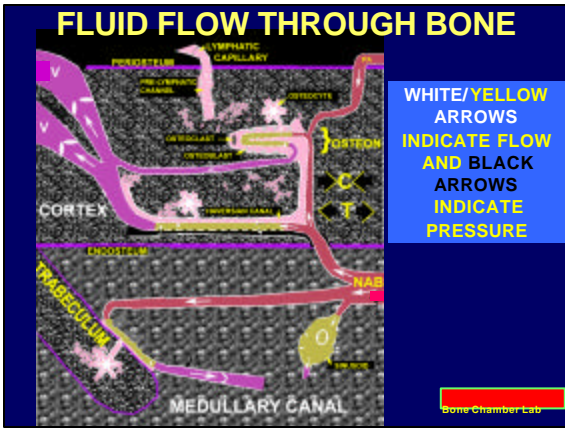
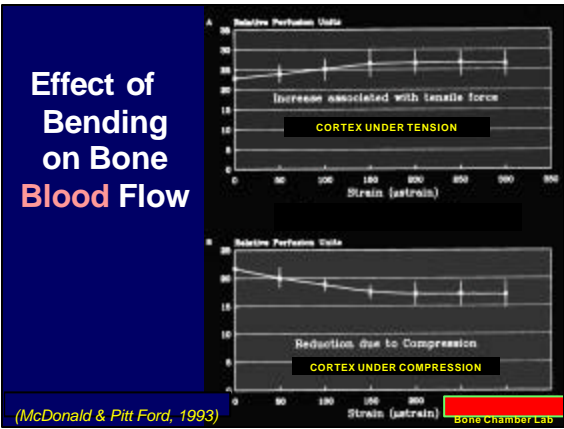
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**Two Sources Of Load On A Bone**

**MUSCLE CONTRACTION:** Inserts in cortical bone and pulls on cortex when it contracts, causing tension in proximal and compression in distal side of bone

**GRAVITY:** Weight of bone stretches it during lift and compresses it during step

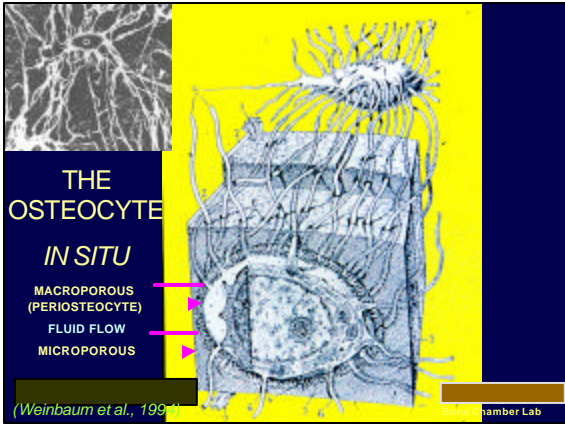
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**RECENT HISTORY OF MECHANICAL MODULATION OF BONE REMODELING**

NAME	CONCEPT	DATE
Frangos et al.	Bone cells have mechanotransducers for fluid flow shear stress like those of endothelial cells	1989
Weinbaum et al.	Shear stress of bone fluid flowing over osteocytes causes surface strains which activate them	1994
Pollack et al.	<b>POROELASTIC FLUID FLOW MODEL</b> Streaming potentials are still a valid mechanism for modulating bone cell activity	1984, 2001

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### Flow Of Interstitial Fluid Over Bone Cells WHICH STIMULUS MODULATES BONE REMODELING MORE, FLUID SHEAR STRESS OR STREAMING POTENTIAL?

AND IF THE CELL IS IMBEDDED IN A SCAFFOLD????????

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GIVEN THAT BLOOD IS THE ULTIMATE SOURCE OF  
FLUID ENTERING BONE.....

ARE BONE BENDING AND COMPRESSION THE  
ONLY GENERATORS OF PRESSURE FORCE  
DRIVING BONE FLUID FLOW???

CAN TRANSMURAL PRESSURE GRADIENTS IN  
BONE CAPILLARIES BE A SIGNIFICANT  
CONTRIBUTOR?

WHAT FORCE WOULD BE A REASONABLE  
SOURCE OF THIS CONTRIBUTION?

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### THE MUSCLE PUMP

The **circulation** role it plays for the body

**CHALLENGE:** Try to stand on your own for 1/2  
hour without twitching a skeletal muscle.

GRAVITY MAKES IT DIFFICULT TO  
MAINTAIN

- POSTURE
- BLOOD SUPPLY TO HEART AND  
BRAIN

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Hydrostatic pressure depends on  
where you measure it in the vascular  
system

Hydrostatic Pressure

[Alexander, 2002]

### Effect of Hydrostatic Pressure on Venous Pressures Throughout the Body

Heart level  
CVP = 0 mmHg  
(because heart pumps  
out any excess of  
blood that would  
accumulate at this  
level)

Every 13.6 mm  
distance away  
from the heart  
there is a 1 mmHg  
pressure change  
(also affects arterial  
pressure)

Height (mm)	veins	arteries	difference
-10	0	70	PP=80
0	0	100	PP=100
11	1	100	PP=100
22	2	100	PP=100
35	3	100	PP=100
40	4	100	PP=100
90	10	100	PP=100

[Alexander, 2002]

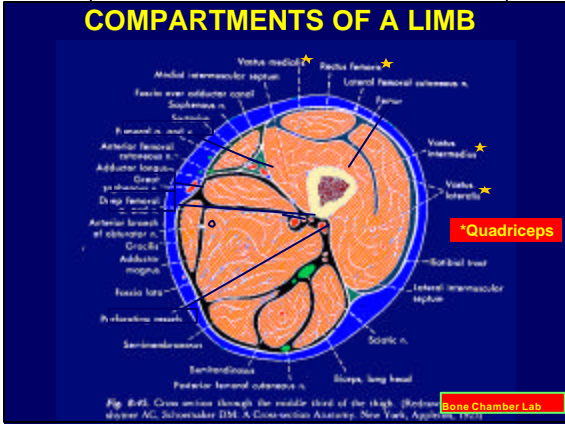
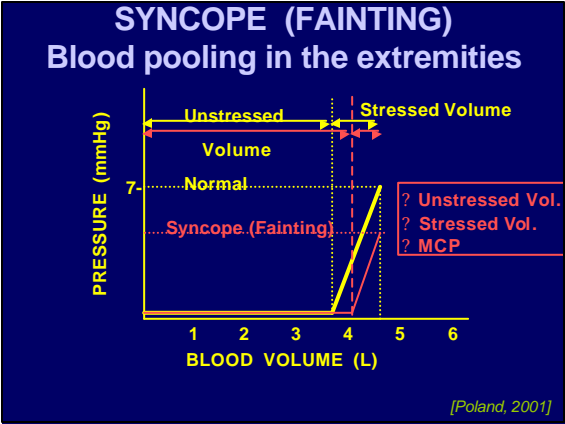
### PRESSURE AND FLOW IN VEINS

Gravity

- Causes venous distension\* in legs
  - ? VR, ? EDV, ? preload, ? SV, ? CO, ? MAP
  - causes orthostatic (postural) hypotension

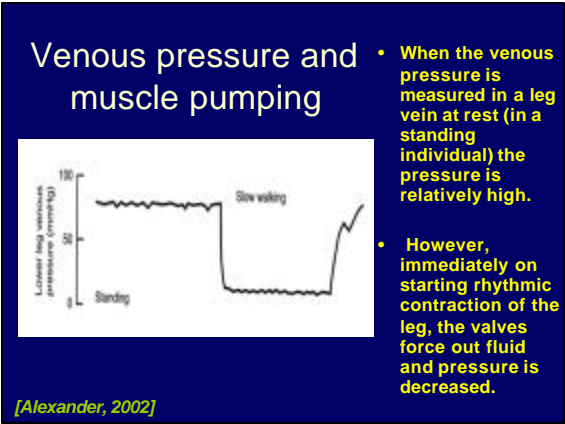
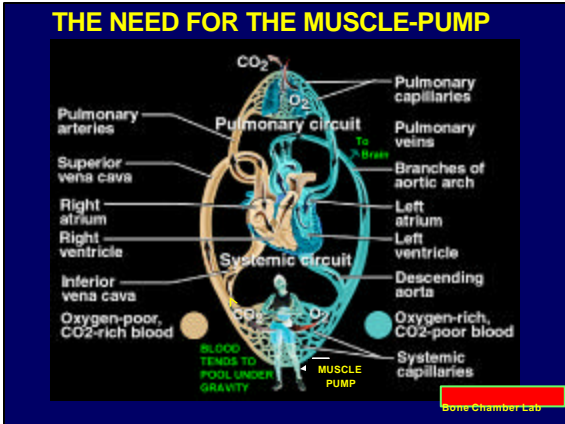
\*Venous volume 6-8 times arterial volume

[DAVIES, 2000]



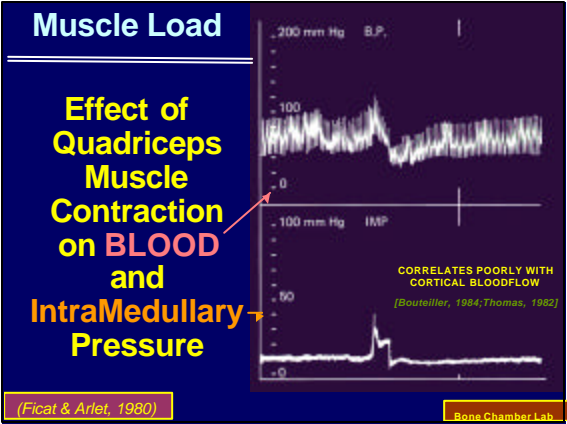
### MUSCLE PUMP

- Gravity helps pull the blood into the lower extremities
- Skeletal Muscle helps blood return to the heart (Venous Return)



### HOW MIGHT THE MUSCLE PUMP ENHANCE BONE CAPILLARY FILTRATION'S CONTRIBUTION TO BONE/SCAFFOLD FLUID FLOW?

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### How Muscle Pump Generates FLUID Pressure In Bone

**FLUID-SATURATED BONE IS BENT BY MUSCLE**

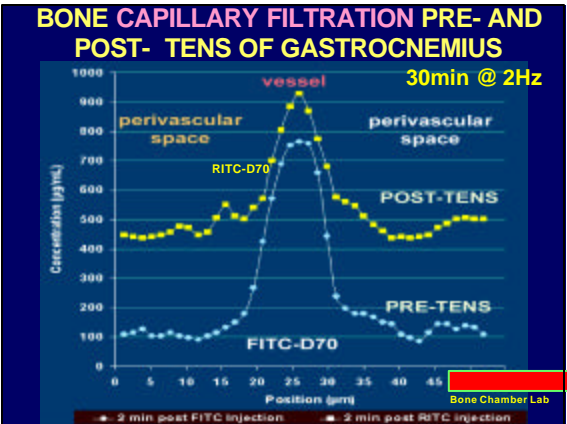
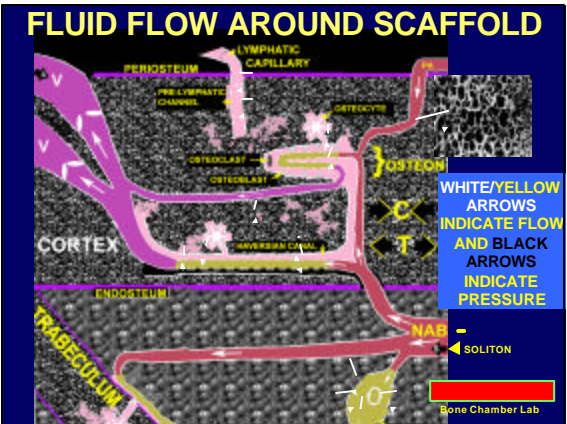
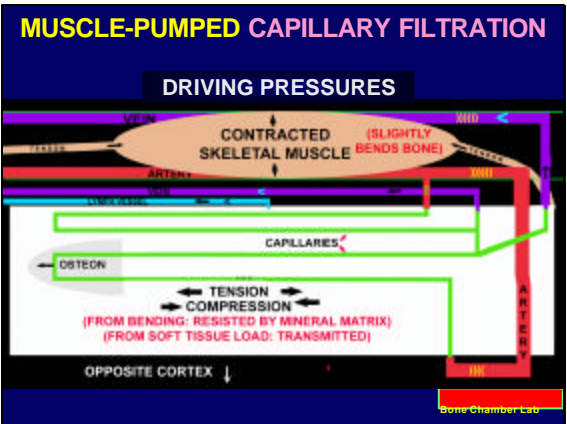
**VESSELS SUPPLYING FLUID TO BONE ARE COMPRESSED BY MUSCLE CONTRACTIONS** –generating pressures as high as 570 mmHg (Sejersted et al., 1984)

(ALSO, DURING EXERCISE BLOOD PRESSURE CAN RISE ABOVE 180 mmHg)

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### WHAT IS THE CONNECTION BETWEEN PRESSURE FROM MUSCLE PUMPING AND CAPILLARY FILTRATION ?

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### Fluid Canicular Pore Pressure Induced by Mechanical Loading and Blood Pressure

$$p = A_1 p_0 \sin(\omega t + \phi_1) + A_2 p_b \sin(\omega t + \phi_2) + p_0$$

### Fluid Pressure Gradient Induced by Mechanical Loading and Blood Pressure

$$\frac{\partial p}{\partial r} = A_1 \omega p_0 \cos(\omega t + \phi_1) + A_2 \omega p_b \cos(\omega t + \phi_2)$$

induced by mechanical loading
induced by blood pressure

*Wang et al. (2001)*

### Relative Osteogenic Capacity of Different Driving Forces

Assume 100% osteogenic capacity for locomotion, in terms of induced peak shear stress.

Driving Forces	Locomotion	Posture	Pulse Blood Pressure	Muscle Increased IMP
	(200 ?? at 1 Hz):	(20 ?? at 20 Hz)	(10 mm Hg at 1 Hz)	(30 mm Hg at 20 Hz)
Capacity	100%	155%	0.5%	33%

*Wang et al. (2001)*

### Blood flow during exercise

	at rest	moderate exercise
Digestive tract and liver	1350	600
Kidneys	1000	550
Skin	450	1700
Brain	650	650
Heart	150	550
Skeletal muscle	750	8000
Bone and other	650	450
Total cardiac output	5000	12500

blood flow in ml/min

HOW MUCH OF DECREASE IS DUE TO MUSCLE PUMP PRESSURE SOLITONS IN VEINS?

*[TREZISE, 1998]*

### BUT, DOES THE PRESSURE GRADIENT DRIVING CAPILLARY FILTRATION PROVIDE SUFFICIENT FLOW TO ACTIVATE BONE CELLS VIA SHEAR STRESS [REQUIREMENT: 1.0 ?? (microstrain)]? VIA STREAMING POTENTIAL?

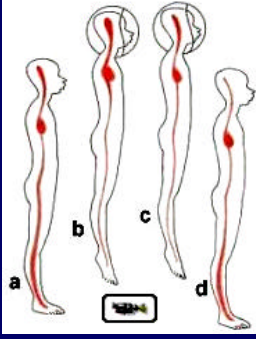
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### Microgravity



*[Aerospace Medical Association, 1996]*

### Effect: Fluid Shift



HOW WOULD THESE SHIFTS EFFECT PERCOLATION THROUGH SCAFFOLDS AND BONE???

*[Aerospace Medical Association, 1996]*

## Effects of Fluid Shift

- Facial Edema
  - Edema is an abnormal accumulation of watery fluid in the body tissues.
- Reduction in static leg volume - Fluid shift.
- Space Motion Sickness? - Fluid shift and sensory conflict.
- Headaches - Possibly due to higher blood pressure in the head.
- First an increase, and then a reduction in the size of heart muscle due to reduced workload.
- Orthostatic Intolerance - A decrease in blood volume leads to inadequate blood flow to the brain upon returning to Earth.

[Aerospace Medical Association, 1996]

## ACKNOWLEDGEMENTS

MEMBERS OF THE BONE CHAMBER LABORATORY  
GRATEFULLY ACKNOWLEDGE SUPPORT FOR THIS  
PROJECT BY THE

LOS ANGELES ORTHOPAEDIC FOUNDATION  
LAOH CORA KAISER FUND  
UCLA DEPARTMENT OF BIOMEDICAL ENGINEERING

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