Fast relaxation in the random field Ising model

Reza Gheissari Northwestern University

Joint with A. El Alaoui (Cornell), R. Eldan (Microsoft Research), A. Piana (Weizmann)

IPAM Statistical mechanics beyond 2D May 2024

R. Gheissari Northwestern

IPAM 1/38

SQ (~

The underlying geometry

 $n \times n$ box in \mathbb{Z}^d with nearest-neighbor edges $v \sim w$

$$d = 2:$$



$$d = 3$$
:

The Ising model

Ising model: probability of assignment σ of $\{+, -\}$ to the vertices.

$$\pi_{\beta,n}(\sigma) \propto e^{-H(\sigma)}$$
 where $H(\sigma) = \beta \sum_{v \sim w} \mathbf{1}_{\{\sigma_v \neq \sigma_w\}}$

• H is the *Hamiltonian* or *energy* of a configuration;

• β is an *inverse-temperature* parameter.



 $\mathcal{A} \mathcal{A} \mathcal{A}$

3

Glauber dynamics for the Ising model

- Assign every site a rate-1 Poisson clock.
- 2 If the clock at site v rings at time t,
- 3 Resample $X_t(v)$ conditionally on its neighbors $(X_t(w))_{w \sim v}$.



- E

< □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □

Glauber dynamics for the Ising model

- Assign every site a rate-1 Poisson clock.
- 2 If the clock at site v rings at time t,
- 3 Resample $X_t(v)$ conditionally on its neighbors $(X_t(w))_{w \sim v}$.



Equilibrium distribution is exactly π !

◆□▶ ◆□▶ ◆豆▶ ◆豆▶ ─ 豆

Quantifying the rate of convergence

Mixing time:

$$t_{mix} = \inf\{t : \max_{X_0} \|\mathbb{P}_{X_0}(X_t \in \cdot) - \pi\|_{tv} < 1/4\}.$$

◆□▶ ◆□▶ ◆三▶ ◆三▶ 三 のへで

Quantifying the rate of convergence

Mixing time:

$$t_{mix} = \inf\{t : \max_{X_0} \|\mathbb{P}_{X_0}(X_t \in \cdot) - \pi\|_{tv} < 1/4\}.$$

Poincaré inequality i.e., spectral gap: closely related to t_{mix} $\operatorname{Var}_{\pi}(f) \leq \lambda^{-1} \cdot \mathcal{E}(f, f)$

Governs exponential rate of convergence to π :

$$\left\|P^{t}f - \pi[f]\right\|_{2,\pi}^{2} \leq \left\|f\right\|_{2,\pi}^{2} e^{-\lambda t}$$

< □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □

Mixing time of the Ising model on \mathbb{Z}^d

Consider the mixing time t_{MIX}







◆□▶ ◆□▶ ◆□▶ ◆□▶

Optimal $O(\log n)$ mixing "Weak/strong spatial mixing" [Martinelli Oliveiri '94] [Cesi '99] [Lubetzky Sly '10, '13] d = 2: Poly $O(n^c)$ mixing [Lubetzky Sly '12]

d = 3, 4: ???

 $d \geq 5$: Poly $O(n^c)$ mixing [Bauerschmidt Dagallier '22] Slow mixing: $\exp(c_{\beta}n^{d-1})$ d = 2: [Chayes et al '87] $d \ge 3$: Pisztora '96, Bodineau '05

3

The random-field Ising model

The random field $(h_v)_v$ are i.i.d. symmetric (e.g., $\mathcal{N}(0, b^2)$) Random field Ising model (RFIM): probability of $\sigma \in \{+, -\}^V$,

$$\pi(\sigma) \propto e^{-H(\sigma)}$$
 where $H(\sigma) = \beta \sum_{v \sim w} \mathbf{1}_{\{\sigma_v \neq \sigma_w\}} - \sum_v h_v \sigma_v$



3

The RFIM: phase diagram at equilibrium

 $\mathbf{d} = \mathbf{2}$ Imry-Ma phenomenon: exponential decay of correlations (in expectation or for typical $(h_v)_v$) at all temperatures in \mathbb{Z}^2 .

[Chatterjee '17, Aizenman Peled '18, Aizenman Harel Peled '19, Ding Xia '19]

 $\land \land \land \land$

< □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □

The RFIM: phase diagram at equilibrium

 $\mathbf{d} = \mathbf{2}$ Imry-Ma phenomenon: exponential decay of correlations (in expectation or for typical $(h_v)_v$) at all temperatures in \mathbb{Z}^2 .

[Chatterjee '17, Aizenman Peled '18, Aizenman Harel Peled '19, Ding Xia '19]

 $\mathbf{d} \geq \mathbf{3}$ Phase transition: At β large, Var(h) small: long range order [Imbrie '85, Bricmont Kupiainen '88, Ding Liu Xia '19]

▲□▶ ▲□▶ ▲三▶ ▲三▶ 三 のQ@

The RFIM: phase diagram at equilibrium

 $\mathbf{d} = \mathbf{2}$ Imry-Ma phenomenon: exponential decay of correlations (in expectation or for typical $(h_v)_v$) at all temperatures in \mathbb{Z}^2 .

[Chatterjee '17, Aizenman Peled '18, Aizenman Harel Peled '19, Ding Xia '19]

 $\mathbf{d} \geq \mathbf{3}$ Phase transition: At β large, Var(h) small: long range order [Imbrie '85, Bricmont Kupiainen '88, Ding Liu Xia '19]



- 3

The Griffiths phase

[Griffiths '69]: Regime of $(\beta, Var(h))$ where we have:

- exponential decay of correlations on average over $(h_v)_v$;
- $O(\log n)$ size regions where $h_v \approx 0$; get low temperature behavior.



 $\mathcal{A} \subset \mathcal{A}$

- E - >

The Griffiths phase

[Griffiths '69]: Regime of $(\beta, Var(h))$ where we have:

- exponential decay of correlations on average over $(h_v)_v$;
- $O(\log n)$ size regions where $h_v \approx 0$; get low temperature behavior.

This slows down dynamics somewhat, destroys many standard approaches to bounding Glauber dynamics mixing time.

Recently: [Helmuth et al '21] showed on general graphs at sufficiently large Var(h), there exists poly-time (approximate) sampling algorithm

◆□ ▶ ◆□ ▶ ◆ 三 ▶ ◆ 三 ● の へ ()

Weak spatial mixing (WSM) in expectation

Definition

RFIM has weak spatial mixing (WSM) in expectation if

$$\mathbb{E}_h[\|\pi_{B_r}^+(\sigma_o \in \cdot) - \pi_{B_r}^-(\sigma_o \in \cdot)\|_{\mathrm{TV}}] \le Ce^{-r/C}.$$



SQ (V

3

Weak spatial mixing (WSM) in expectation

Definition

RFIM has weak spatial mixing (WSM) in expectation if

$$\mathbb{E}_h[\|\pi_{B_r}^+(\sigma_o \in \cdot) - \pi_{B_r}^-(\sigma_o \in \cdot)\|_{\mathrm{TV}}] \le Ce^{-r/C}.$$



E.g., \mathbb{Z}^2 for all $\beta > 0$ and Var(h) > 0 [Ding, Xia '19] $d \ge 3$: Expect to hold throughout non-critical uniqueness regime

SQ (V

<ロト < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団

WSM in expectation and weak Poincaré inequality

Theorem (El Alaoui, Eldan, G., Piana '23)

If WSM in expectation holds, whp $(h_v)_v$ is such that RFIM dynamics has a weak Poincaré inequality with constant n^C , i.e., $\exists p, q : \frac{1}{p} + \frac{1}{q} = 1$:

 $Var_{\pi}(f) \le n^C \|f\|_{\infty}^{1/q} \cdot \mathcal{E}(f, f)^{1/p}$

Test functions converge algebraically on polynomial timescales:

$$\|P^t f - \pi[f]\|_{2,\pi}^2 \le \|f\|_{\infty}^2 n^{C_1} \cdot t^{-C_2}$$

▲□▶ ▲圖▶ ▲토▶ ▲토▶ - 토

IPAM

 $\checkmark Q (\sim$

17/38

R. Gheissari Northwestern

WSM in expectation and weak Poincaré inequality

Theorem (El Alaoui, Eldan, G., Piana '23)

If WSM in expectation holds, whp $(h_v)_v$ is such that RFIM dynamics has a weak Poincaré inequality with constant n^C , i.e., $\exists p, q : \frac{1}{p} + \frac{1}{q} = 1$:

 $Var_{\pi}(f) \le n^C \|f\|_{\infty}^{1/q} \cdot \mathcal{E}(f, f)^{1/p}$

Test functions converge algebraically on polynomial timescales:

$$|P^t f - \pi[f]||_{2,\pi}^2 \le ||f||_{\infty}^2 n^{C_1} \cdot t^{-C_2}$$

Weak PI's date e.g., to critical interacting particle systems [Liggett '91]

◆□▶ ◆□▶ ◆豆▶ ◆豆▶ ─ 豆.

IPAM

 $\mathcal{A} \mathcal{A} \mathcal{A}$

18/38

Consequences under WSM in expectation

Theorem (El Alaoui, Eldan, G., Piana '23)

If WSM in expectation holds, whp $(h_v)_v$ is such that RFIM dynamics has a weak Poincaré inequality with constant n^C , i.e., $\exists p, q : \frac{1}{p} + \frac{1}{q} = 1$:

 $Var_{\pi}(f) \le n^C \|f\|_{\infty}^{1/q} \cdot \mathcal{E}(f, f)^{1/p}$

Test functions converge algebraically on polynomial timescales:

$$\|P^t f - \pi[f]\|_{2,\pi}^2 \le \|f\|_{\infty}^2 n^{C_1} \cdot t^{-C_2}$$

Implications:

- Poly(n) mixing from warm starts following [Lovasz Siminovits '93];
- Markov chain based sampling algorithm [Repeatedly run Glauber on domains adding one vertex]

▲□▶ ▲□▶ ▲三▶ ▲三▶ 三 のへで

Strong spatial mixing (SSM) in expectation

Definition

RFIM has strong spatial mixing (SSM) in expectation if for all $v \in \Lambda$,

$$\mathbb{E}_{h}\left[\max_{\xi\in\{\pm1\}^{\partial\Lambda\setminus\{z\}}}\|\pi_{\Lambda}^{\xi,+}(\sigma_{v}\in\cdot)-\pi_{\Lambda}^{\xi,-}(\sigma_{v}\in\cdot)\|_{\mathrm{TV}}\right]\leq Ce^{-d(v,z)/C}$$



 $\mathcal{A} \mathcal{A} \mathcal{A}$

- 1

▲ □ ▶ ▲ 国 ▶ ▲ 国 ▶

< □ ▶

Strong spatial mixing (SSM) in expectation

Definition

RFIM has strong spatial mixing (SSM) in expectation if for all $v \in \Lambda$,

$$\mathbb{E}_{h}\left[\max_{\xi\in\{\pm1\}^{\partial\Lambda\setminus\{z\}}}\|\pi_{\Lambda}^{\xi,+}(\sigma_{v}\in\cdot)-\pi_{\Lambda}^{\xi,-}(\sigma_{v}\in\cdot)\|_{\mathrm{TV}}\right]\leq Ce^{-d(v,z)/C}$$



(1) holds for $\beta < \beta_c$ and arbitrary h [Ding Song Sun '22] (2) holds for arbitrary β for Var(h) large enough ("not hard")

 $\mathcal{A} \mathcal{A} \mathcal{A}$

SSM in expectation and full Poincare inequality

Theorem (El Alaoui, Eldan, G., Piana '23)

If SSM in expectation holds, whp $(h_v)_v$ is such that the RFIM Glauber dynamics has Poincaré inequality with constant $n^{o(1)}$, i.e.,

 $Var_{\pi}(f) \le n^{o(1)} \mathcal{E}(f, f)$

In particular, test functions converge exponentially on $n^{o(1)}$ timescales:

$$\|P^t f - \pi[f]\|_{2,\pi}^2 \le \|f\|_{2,\pi}^2 \cdot e^{-t/n^{o(1)}}$$

▲□▶ ▲圖▶ ▲토▶ ▲토▶ - 토

IPAM

22/38

SSM in expectation and full Poincare inequality

Theorem (El Alaoui, Eldan, G., Piana '23)

If SSM in expectation holds, whp $(h_v)_v$ is such that the RFIM Glauber dynamics has Poincaré inequality with constant $n^{o(1)}$, i.e.,

 $Var_{\pi}(f) \le n^{o(1)} \mathcal{E}(f, f)$

In particular, test functions converge exponentially on $n^{o(1)}$ timescales:

$$\|P^t f - \pi[f]\|_{2,\pi}^2 \le \|f\|_{2,\pi}^2 \cdot e^{-t/n^{o(1)}}$$

Note: the $n^{o(1)}$ is actually $\exp((\log n)^{\frac{d-1}{d}})$

Corresponding lower bound of $\exp((\log n)^{\frac{d-1}{4d}})$ when $\beta > \beta_c$.

▲□▶ ▲□▶ ▲三▶ ▲三▶ 三 のQ@

A "standard" argument giving polynomial in 2D

- 1. Tile $(\mathbb{Z}/n\mathbb{Z})^d$ by boxes $B_R(v)$ for $R = C \log n$
- 2. Whp, $(h_v)_v$ s.t. for all v, $\partial B_R(v)$ -to-v influence less than N^{-10}



A "standard" proof of polynomial in 2D

- 1. Tile $(\mathbb{Z}/n\mathbb{Z})^d$ by boxes $B_R(v)$ for $R = C \log n$
- 2. Whp, $(h_v)_v$ s.t. for all v, $\partial B_R(v)$ -to-v influence less than N^{-10}
- 3. By monotonicity, sandwich marginal at v started from + and by chains on $B_R(v)$ with + and boundary conditions



A "standard" proof of polynomial in 2D

- 1. Tile $(\mathbb{Z}/n\mathbb{Z})^d$ by boxes $B_R(v)$ for $R = C \log n$
- 2. Whp, $(h_v)_v$ s.t. for all v, $\partial B_R(v)$ -to-v influence less than N^{-10}
- 3. By monotonicity, sandwich marginal at v started from + and by chains on $B_R(v)$ with + and boundary conditions
- 4. Deduce that if $T \gg \max_v t_{mix}(B_R^{\pm}(v))$,

R. Gheissari

$$\|\mathbb{P}_+(X_t(v)\in \cdot) - \mathbb{P}_-(X_t(v)\in \cdot)\|_{tv} \le N^{-10}$$

from which monotonicity and a union bound imply mixing.



A "standard" proof of polynomial in 2D

- 1. Tile $(\mathbb{Z}/n\mathbb{Z})^d$ by boxes $B_R(v)$ for $R = C \log n$
- 2. Whp, $(h_v)_v$ s.t. for all v, $\partial B_R(v)$ -to-v influence less than N^{-10}
- 3. By monotonicity, sandwich marginal at v started from + and by chains on $B_R(v)$ with + and boundary conditions
- 4. Deduce that if $t \gg \max_v t_{mix}(B_R^{\pm}(v))$,

$$\|\mathbb{P}_+(X_t(v)\in\cdot)-\mathbb{P}_-(X_t(v)\in\cdot)\|_{tv}\leq N^{-10}$$

from which monotonicity and a union bound imply mixing.



5. Mixing time of a $B_{\log n}$ is $\exp((\log n)^{d-1})$ (exponential in cut-width) – Polynomial for d = 2; super-polynomial for $d \ge 3$

▲□▶ ▲□▶ ▲□▶ ▲□▶ ■ のQ@

Going beyond 2D

Question: Why should I expect to be able to do better?

Largest low-field region has *volume* $\log n$, so cut-width $(\log n)^{\frac{d-1}{d}}!$



SQ (~

▲□▶ ▲圖▶ ▲필▶ ▲필▶ _ 필

Question: Why should I expect to be able to do better?

Largest low-field region has volume $\log n$, so cut-width $(\log n)^{\frac{d-1}{d}}!$



Proof structure: Combine two types of ideas:

- When field variance is large (e.g., under SSM in expectation): do a smarter coarsening, irregular $(h_v)_v$ -dependent tiles
- ② Use stochastic localization scheme to reduce RFIM with WSM in expectation to RFIM with large field.

 $\land \land \land \land$

<ロト < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団 > < 団

Inverse gap with sufficiently large field

Goal: pick (h_v) -dependent blocks $(B_v)_v$ to reduce mixing time on Λ_n :

- **1** The mixing time on each block is at most n^C
- 2 Expected # of discrepancies in B_v from a ∂B_v -discrepancy is O(1)
- ③ # blocks containing v in interior ≫ # containing v on boundary



 $\mathcal{A} \mathcal{A} \mathcal{A}$

- < □ > < □ > < □ >

Coarse-graining the field

Def: Call a box $B_R(v)$ good if SSM holds with constant C on $B_R(v)$



IPAM 31 / 38

臣

590

▲□▶ ▲□▶ ▲ □▶ ▲ □▶

Coarse-graining the field

Def: Call a box $B_R(v)$ good if SSM holds with constant C on $B_R(v)$

Take $R = \log \log n$ and take as *blocks*

- single *good* boxes;
- union of the bad boxes in a *connected bad-box component*



1

 $\checkmark Q (\sim$

< □ > < □ > < □ >

< □ ▶

Stochastic localization to boost the field

What is stochastic localization?

$$\mu_t(\sigma) = e^{\langle y_t, \sigma \rangle} \mu_0(\sigma)$$

(i.e., a random linear tilt in the direction of y_t) where

 $y_t = t\sigma_* + B_t$ $\sigma_* \sim \mu_0$ indep.



SQ (~

- E

< □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > <

Stochastic localization to boost the field

What is stochastic localization?

$$\mu_t(\sigma) = e^{\langle y_t, \sigma \rangle} \mu_0(\sigma)$$

(i.e., a random linear tilt in the direction of y_t) where

 $y_t = t\sigma_* + B_t$ $\sigma_* \sim \mu_0$ indep.

Upshots:

- Dirichlet form is a supermartingale under SL
- Stays in family of RFIMs, but with a growing field variance as $t \uparrow$
- If you control variance decay along localization, then let's us reduce PI of μ_0 to that under μ_t for which previous argument applies.

▲□▶ ▲□▶ ▲三▶ ▲三▶ 三 のQ@

Decay of variance along localization process

$$\frac{d}{dt}\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)] \ge -\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)\|\operatorname{Cov}(\mu_t)\|_{op}]$$

Under WSM in expectation, $\|Cov(\mu_0)\|_{op}$ isn't badly behaved.

IPAM 35 / 38

▲□▶ ▲□▶ ▲□▶ ▲□▶ ▲□▶ ● のへで

Decay of variance along localization process

$$\frac{d}{dt}\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)] \ge -\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)\|\operatorname{Cov}(\mu_t)\|_{op}]$$

Under WSM in expectation, $\|Cov(\mu_0)\|_{op}$ isn't badly behaved.

 A new use of FKG + Ito: Point-to-point influences are super-martingales under the stochastic localization process,

 $\mathbb{E}[\|\operatorname{Cov}(\mu_t)\|_{op}]$ "controlled by" $\|\operatorname{Cov}(\mu_0)\|_{op}$

 $\mathcal{A} \mathcal{A} \mathcal{A}$

< □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □ > < □

Decay of variance along localization process

$$\frac{d}{dt}\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)] \ge -\mathbb{E}[\operatorname{Var}_{\mu_t}(\varphi)\|\operatorname{Cov}(\mu_t)\|_{op}]$$

Under WSM in expectation, $\|Cov(\mu_0)\|_{op}$ isn't badly behaved.

 A new use of FKG + Ito: Point-to-point influences are super-martingales under the stochastic localization process,

 $\mathbb{E}[\|\operatorname{Cov}(\mu_t)\|_{op}]$ "controlled by" $\|\operatorname{Cov}(\mu_0)\|_{op}$

2 But only have probabilistic bound on this, not deterministic: –on bad event, covariance matrix can have order n^d operator norm.

SQ (~

◆□ ▶ ◆□ ▶ ◆□ ▶ ◆□ ▶ ● □

Thank you!

R. Gheissari Northwestern

・ロト ・ 日 ・ ・ ヨ ・ ・ ヨ ・ う へ ()・